

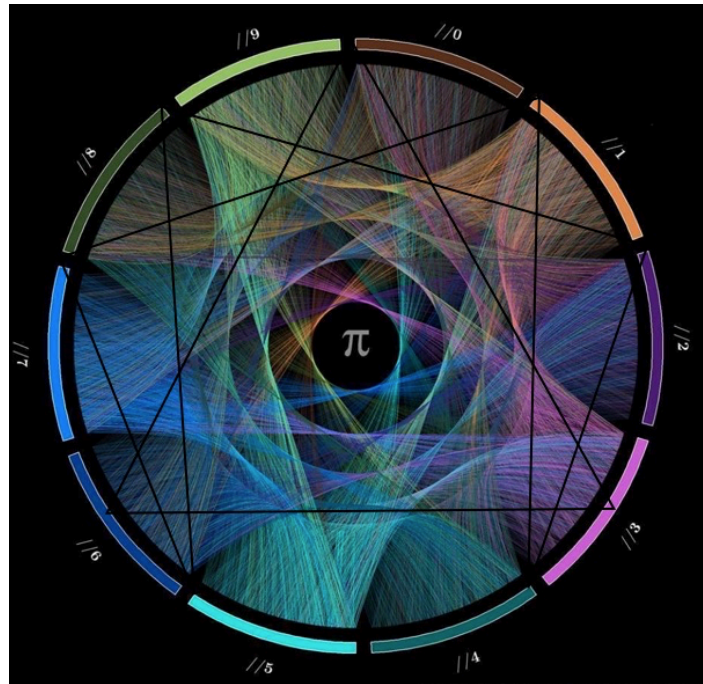
Engaging the Enneagram as Wisdom Practice

Led by Jeanine Siler Jones

in collaboration with the Rock Point Wisdom Community

Know your conditioning so your heart can be a more faithful instrument.

~Cynthia Bourgeault



With alert observation and surrendered mind, find the moment when thought arises before it gets attached to emotions/habits.

~Evagrius

Thursday evening March 12 ~ Sunday morning March 15, 2020
Rock Point Retreat Center, Burlington, Vermont

Join us as we come together and experience a practical engagement of the Wisdom lineage through the lens of the Enneagram. How can this map illuminate our habitual patterns so that we might soften our identification and participate in life more directly and authentically? How might it guide us in tracking all three centers of knowing so that we bring more of ourselves into Presence? How might we surrender more fully our attachments and habits as we shift the quality of our attention and open into the possibility of a more immediate and reciprocal relationship with the Divine in our lives?

We will follow a Wisdom School rhythm with meditation, sacred chanting, Lectio Divina, movement and mindful work. We will engage somatic and attention practices, exploring the Wisdom roots of the Enneagram, and tracking what jams the signals around our hearts. Together we will create a walking Enneagram and let this ancient symbol teach us. We will play with listening, silence and sharing, and there will be free time to integrate, rest and explore the beauty of Rock Point.

Retreat begins Thursday March 12 with registration 3:30 ~ 5:30. Our first gathering will be at 5:30. Retreat ends Sunday March 15, 2020 after lunch (about 1:30).

The cost of the retreat is \$420 for a single room, \$330 for a shared room and \$250 for commuters. Cost includes all meals and lodging. Limited scholarship help is available. For venue information see [The Rock Point Center](#) and [The Rock Point Intentional Community](#).

To register and for any questions please contact Craig at csmith@diovermont.org or at 802-863-3431 by February 15, 2020 (online registration is temporarily unavailable).

Jeanine says: " I am particularly drawn to the Gurdjieff teachings articulated by Cynthia



Bourgeault such as conscious work, inner tasks, automatic actions, emotions, and thoughts. When mindful practices can be engaged within the field of Centering Prayer, as ‘surrendered attention’, the grist for the mill of transformation is endless. Three Centered Knowing, Welcome Practice, my own adaptation of the Four Voices inquiry, and the Law of Three are guideposts in my daily work, both personally and with people I am working with. All these invite me to return (and thank the part of me noticing!) to my body, to allow the pain, the resistance without judgment, to notice and be with what is, within a larger field.”

Jeanine Siler Jones, LCSW, is a therapist at [Siler Jones Counseling](#) in Asheville, North Carolina and has been an Enneagram teacher for 15 years. In 2009 she dove deeply into Wisdom work, playing with the Wisdom roots of the Enneagram as Gurdjieff brought it to the West. Jeanine works with people interested in spiritually integrated therapy, and is a primary igniter of Wisdom School Southeast. She leads contemplative retreats and groups on her own as well as collaboratively, including Deepening in the Practices of Wisdom groups and Wisdom Schools in the lineage of Cynthia Bourgeault. Jeanine holds a Master’s degree in Social Work, a Certificate in Theology from Southern Baptist Theological Seminary and is trained as a Wisdom infused Spiritual Director from Moravian Theological Seminary. Read more about her in Northeast Wisdom's [Seedlings](#).