

We welcome Matthew Wright back to Hallelujah Farm this fall, for a deep dive into the truth and beauty of the Heart, as it is expressed through teaching, prayer and practice in Christianity, Sufism and Hinduism.

Join us, in the glorious deep fall for this three night, four day retreat during the October 2019 holiday weekend. You are invited to register now!

*With love and peace,
Laura and Kerstin*

Thanks to the generosity of Friends of Incarnating Wisdom, we are grateful to continue to be able to make these events accessible to all, offering them with a pay-as-you-can suggested contribution.

The Way of the Heart: Christian, Sufi and Hindu Mysticism



***Friday October 11 ~ Monday October 14, 2019
Hallelujah Farm · Chesterfield, NH***

How do we awaken the Heart? How do we experience life through the heart

center? For centuries, Christian, Sufi and Hindu mystics have been drawn to the heart, knowing it as our primary source of spiritual perception and connection as well as being the seat, or center, of selfhood. Through the heart we experience the inner nature of Life, in the moment. Our great Wisdom traditions teach that the heart knows through a visceral, resonant connectivity within wholeness and relationship. This brings us into direct contact with the realities of beauty, tenderness and love.

We will explore the Path of the Heart through three primary doorways; Jalaluddin Rumi, St Theophane the Recluse and Ramana Maharshi. These three will be our entry into the Wisdom teachings of Sufism, Christianity and Hinduism. Matthew will weave together teaching and heart practice from each path that focus on cultivating our hearts in relationship with the Divine Heart.

Our time together will be held within a Wisdom rhythm of silent prayer and meditation, chant, embodied practice: movement and conscious practical work, as well as Lectio Divina style reading of interspiritual texts.

Guest Teacher: Matthew Wright

The Rev. Matthew Wright is an Episcopal priest and Wisdom tradition retreat leader who has been working to bring forward the depth and brilliance of this stream within the wider context of inter-spiritual dialogue. His presence and vast storehouse of knowledge express a vibrant and living connection with the tradition, as witnessed in his blog [A Waking Heart](#). In addition to his studies with Cynthia Bourgeault, Matthew has been a student of the Mevlevi Sufi path for nine years, under the guidance of Shaikh Kabir Helminski. The Mevlevi path is rooted in the teachings of the Sufi mystic-poet Jalaluddin Rumi. Matthew and his wife, Yanick, live alongside the brothers of Holy Cross Monastery.

Retreat begins: at 5:30pm with a light supper.

Retreat ends: Monday at 1pm after a shared meal.

Information & Registration: Laura Ruth will be holding the Incarnating Wisdom post during this retreat, on-site and for registration. You may contact her at laurampruth@gmail.com.

Deposit: In order to hold your place, a \$95 deposit is requested, made out to "Incarnating Wisdom" and sent to Laura Ruth at the address below. Thank you!

Cost: All are welcome at Hallelujah Farm and we are grateful for your support in the amount you feel you can afford. As a guideline, a suggested contribution for a shared room is \$525 (includes a \$95 deposit). A limited number of single rooms may be available upon request for an additional \$25 per night.

Venue: Guests receive the hospitality of Sandy, Roger and John Daly and Leigh Marthe at beautiful [Hallelujah Farm](#). Most accommodations are in shared double rooms.

This retreat is generously supported by The Friends of Incarnating Wisdom. We welcome your support of Incarnating Wisdom, now a bonafide federal 501c3 non-profit!

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